To: AmeriHealth Caritas Delaware Providers
Date: October 14, 2026
Subject: **Therapy Assistant Services Modifiers CO and CQ Reimbursement Policy.**

AmeriHealth Caritas Delaware is notifying providers of an update to the reimbursement policy for therapy assistant services involving modifiers CO and CQ **effective December 1, 2026.**

The policy outlines reimbursement guidelines for outpatient therapy services furnished in whole or in part by Physical Therapist Assistance (PTAs) and Occupational Therapy Assistance (OTAs).

What Providers Need to Know

Effective December 1, 2026, providers should ensure that applicable therapy services are billed using the appropriate modifiers:

Modifier CO: Identifies outpatient occupational therapy services furnished in whole or in part by a Occupational Therapy Assistant (OTA).

Modifier CQ: Identifies outpatient physical therapy services furnished in whole or in part by a Physical Therapist Assistant (PTA).

Provider Action Required

Providers are encouraged to review the Therapy Assistant Services, Modifiers CO and CQ reimbursement policy and ensure that their billing practices align with the updated guidelines prior to the effective date.

For additional information, please refer to the reimbursement policy available on the AmeriHealth Caritas Delaware provider website.

Thank you for your continued commitment to providing care to our members.

AmeriHealth Caritas Delaware