

**To:** AmeriHealth Caritas Delaware

**Date:** April 8th, 2026

**Subject:** PCR: Plan All-Cause Readmissions 2026

**Summary:** Information is being provided for the HEDIS Measure PCR: Plan All-Cause Readmissions

### Why focus on reducing readmissions?

- Improves member well-being, as frequent readmissions can drain members and their families emotionally.<sup>1</sup>
- Improves confidence in the healthcare system, as multiple readmissions can make members question the quality of care received on initial inpatient stay.<sup>1</sup>
- Reduces overall cost of care, as readmissions can strain healthcare resources, such as number of hospital beds available, staffing and medical supplies.<sup>1</sup>

### Measure Guidelines:

- The number of acute inpatient and observation stays during the measurement year that were followed by an unplanned acute readmission for any diagnosis within 30 days and the predicted probability of an acute readmission for our members aged 18-64.

### How can you help?

- Reach out to members to schedule their follow up appointment.
- Discuss discharge instructions, including medication changes, to ensure member understands their health condition.
- Address Social Determinants of Health, including transportation, housing and food insecurities.
- AmeriHealth Caritas Delaware's Care Coordination program offers Transition of Care (TOC) assistance to all members being discharged in efforts to improve their health and decrease readmissions. You can assist us in re-enforcing TOC efforts and member follow-up. You

can also refer members to our Case Management program by having the members call 1-844-623-7090 or use the [Let Us Know](#) Form available on our provider website.

### **Start the year off strong!**

- Let's work together to engage and improve health outcomes by following up with your members after their hospital discharge. Not only will this help improve our members' health, but it is also a great way to boost your practice's performance in 2026 with the PCR measure.

*Disclaimer:* Physicians and other health care providers are solely responsible for the treatment decisions of their patients and should not use the information in this communication to substitute independent clinical judgement.

#### **References:**

1 Reducing Hospital Readmissions. <https://www.ncbi.nlm.nih.gov/books/NBK606114/>

**Questions:** Thank you for your continued support and commitment to the care of our members. If you have questions about this communication, please get in touch with AmeriHealth Caritas Delaware Provider Services at 1-855-707-5770 or your [Provider Network Management Account Executive](#).