

# January 2019 ProviderPost

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- Linking your patients to services.
- Bright Start Plus<sup>SM</sup> family health mobile app.

## Our member wellness center is now open!

AmeriHealth Caritas Delaware recently opened a member wellness center in Bear, Delaware.

Visit and encourage your members to visit the Community Wellness Center to learn more about our offered health benefits and services. The Community Wellness Center offers many resources throughout the year, including:



Preventive health education and events.



Fitness, wellness classes, and more.



## Come visit us:

**AmeriHealth Caritas  
Delaware Wellness Center**  
Glendale Plaza Shopping Center  
1142 Pulaski Highway (Route 40)  
Bear, DE 19701

The Community Wellness Center is open Monday through Friday, from 10 a.m. to 6 p.m. Call Member Services or visit our website for more information and listings of upcoming events.

**All are welcome!**

AmeriHealth Caritas Delaware is proud to provide you with the resources you need to better serve our members — your patients.



## Linking your patients to services

Our web-based Wellness Registry provides up-to-date information on wellness, health education, disease management, and self-management programs and activities for our members within their community.

Quickly link your patients to wellness resources by simply clicking the “e” button in the center of your Wellness Registry computer mouse or by visiting [www.amerihhealthcaritasde.com](http://www.amerihhealthcaritasde.com) > **Wellness Resources.**

**Please contact your designated provider network Account Executive if you have not received a computer mouse.**



## Fraud Tip Hotline

**1-866-833-9718**, 24 hours a day, seven days a week.

Secure and confidential.  
You may remain anonymous.



## Bright Start Plus<sup>SM</sup> family health mobile app

With the Bright Start Plus app, members can have health information for their entire family right at their fingertips!

### Most popular in-app tools:

- **Pregnancy:** kick counter and ultrasound videos.
- **Newborn:** growth tracker and diaper tracker.
- **All ages:** vaccination tracker and weight tracker.

**Encourage your patients to download the Bright Start Plus app today.  
Text “health” to 1-302-202-9766.**

**The Bright Start Plus app is available at no cost!**

### Our mission:



We believe everyone should have access to quality health care and services.



**AmeriHealth** *Caritas*<sup>™</sup>

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Delaware

[www.amerihealthcaritasde.com](http://www.amerihealthcaritasde.com)