

October 10<sup>th</sup>, 2024

Attention Providers:

Effective December 1, 2024, AmeriHealth will implement the state dose optimization chart for the products listed below.

### What is Dose Optimization?

The dose optimization chart requires the use of a higher milligram strength of a medication when a member is taking multiple units of a lower strength that total to or exceed the higher dose. For example, if a member is prescribed two tablets of Metoprolol ER 50mg (24-hour release) per day, this should be changed to one tablet of Metoprolol ER 100mg (24-hour release) per day, unless there is a clinical reason that prevents the use of the higher dose.

Thank you for your attention to this important update. If you have any questions, please contact your Account Executive or AmeriHealth Caritas Delaware Provider Services at **1-855-707-5818**.

### Common Dose Optimization Drugs:

Drug Product and Strength
Amlodipine Besylate Oral Tablet 5 MG
Atorvastatin Calcium Oral Tablet 20 MG
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Bisoprolol Fumarate Oral Tablet 5 MG
Citalopram Hydrobromide Oral Tablet 20 MG
Desvenlafaxine Succinate ER Oral Tablet Extended Release 24 Hour 50 MG
Divalproex Sodium ER Oral Tablet Extended Release 24 Hour 250 MG
Escitalopram Oxalate Oral Tablet 10 MG
Glimepiride Oral Tablet 2 MG
Glimepiride Oral Tablet 4 MG
Lisinopril Oral Tablet 10 MG
Lisinopril Oral Tablet 20 MG
Lurasidone HCl Oral Tablet 20 MG
Meloxicam Oral Capsule 5 MG
Meloxicam Oral Tablet 7.5 MG
Metoprolol Succinate ER Oral Tablet Extended Release 24 Hour 25 MG
Metoprolol Succinate ER Oral Tablet Extended Release 24 Hour 50 MG
Mirtazapine Oral Tablet 15 MG
Mirtazapine Oral Tablet 30 MG



Olanzapine Oral Tablet 5 MG
Propranolol HCl ER Oral Capsule Extended Release 24 Hour 60 MG
Sertraline HCl Oral Tablet 25 MG
Sertraline HCl Oral Tablet 50 MG
Valsartan Oral Tablet 40 MG
Venlafaxine HCl ER Oral Capsule Extended Release 24 Hour 37.5 MG
Venlafaxine HCl ER Oral Capsule Extended Release 24 Hour 75 MG
Paroxetine HCl Oral Tablet 10 MG

If you have any questions, please contact PerformRx at the correct corresponding number below:

<b>PerformRx Pharmacy Provider Services</b>	
DSHP & DHCP groups	855-251-0966
DSHP Plus groups	888-987-6396