



January 2020
ProviderPost

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AmeriHealth Caritas Delaware is on Facebook and Instagram!

Follow AmeriHealth Caritas Delaware on Facebook or Instagram for event information, health tips, member information, and more.

Search for **@AmeriHealthCaritasDE** on either social platform to find us.



Fraud Tip Hotline

1-866-833-9718, 24 hours a day, seven days a week.

Secure and confidential.
You may remain anonymous.



Encourage patients to Make Every Calorie Count

AmeriHealth Caritas Delaware encourages our providers to ask our members with a body mass index (BMI) over 25 to participate in our Make Every Calorie Count program.

Make Every Calorie Count was designed to promote wellness and healthy lifestyles to our members. The program motivates our members to find balance and set realistic weight loss goals to help them reach their healthy weight. Members who begin the program will be given a welcome kit that includes a tape measure, pedometer, and a daily food and activity log book to use as they get started. Our Care Coordination staff is available to support our members every step of the way.

If you identify a member with a BMI over 25, offer the Make Every Calorie Count program today. To get started, complete a [Let Us Know](#) form and write “Make Every Calorie Count” in the **Other** section of the form. Fax completed forms to **1-855-806-6242** and a member of our Rapid Response and Outreach Team will contact you.

Our mission
We help people:



Get care



Stay well



Build healthy communities

We believe everyone should have access to quality health care and services.



Community Wellness Center

AmeriHealth Caritas Delaware has a Community Wellness Center located in Bear, offering wellness events, health screenings, and other resources for our members and the community. Stop in and see us!

At our wellness centers, members can learn how AmeriHealth Caritas Delaware can help them with:

- Health screenings.
- Health education.
- Safety awareness.
- Benefits questions.
- Activities for the kids.
- And more!

Providers are also welcome to use the center for meetings, health education, screenings, or special events.

For more information call **1-302-525-3760** or visit the **[Community Wellness Center](#)** section of our website.

Location

Glendale Plaza Shopping Center
1142 Pulaski Highway Suite 6A
Bear, DE 19701

[Get directions](#)

Hours

Monday through Friday:
9 a.m. – 5:30 p.m.



AmeriHealth *Caritas*[™]

Delaware

www.amerihealthcaritasde.com